



## MINNESOTA

*helping communities flourish*

**Total estimated materials and services valued at \$8,317,423 to the state of Minnesota, serving 28,050 women, men, and youth.**

**84,548 Total Client Sessions, both in-person and virtually**  
**97.4% Client Satisfaction, nationally**

### **\$3,337,145 IN MEDICAL SERVICES**



- **11,316 free pregnancy tests**
- **9,992 free ultrasounds performed by registered nurses/medical sonographers**
- **5,842 total STD/STI tests performed by registered nurses (2,496 patients tested - 66% female, 34% male)**
- **8 out of every 10 pregnancy center locations in the U.S. are medical**

### **\$2,788,676 IN EDUCATION AND SUPPORT SERVICES**

**18,472 free consultations with new clients (87% female, 12% male, 1% unknown)**

**9,578 students attended free sexual risk avoidance education presentations**

**10,028 clients received free parenting education (89.6% female, 10.3% male, 0.1% unknown)**

**258 clients received free after-abortion support & recovery (93.8% female, 6.2% male)**

## \$2,191,602 IN MATERIAL ITEMS



**10,260**

**total material  
service clients**



**100,930 free packs of diapers**

**16,912 free packs of baby wipes**

**137,432 free new & used baby clothing outfits**

**1,038 free new car seats**

**466 free new & used strollers**

**1,070 free new cribs**

**3,638 free containers of formula**

## MADE POSSIBLE BY

**458 total paid staff, 28% of whom were licensed medical professionals**

**902 total volunteers, 12% of whom were licensed medical professionals**

### Finding Hope in Minnesota

Moving from Vietnam in early 2023, Mai, her husband, and their two young sons found themselves struggling to adjust to a new way of life in the United States. Mai's husband, after applying to nearly 100 jobs, was still only able to find temporary employment. That's when the family learned they were expecting another little one. "Then how we can carry the baby?" Mai thought. "And we want to be more stable first. And my husband did not have insurance, so we cannot afford to go see a doctor."



Mai with her baby daughter at Cornerstone. A photo of Mai's two sons and daughter appear at the top of pg. 1 of this report.

Being new to the area, finding resources and care for the family was difficult. However, Mai soon discovered the help she was looking for at Options for Women Cornerstone. Mai described her initial experience there as follows: "She [her Registered Nurse] say, 'How are you?' She looked at my eyes. For the first time I feel like somebody really care for me since I came here. This is the first time I can pour out my emotion to somebody." That same day, Mai received a pregnancy test and then an ultrasound with Cornerstone's OB/GYN, confirming that she was indeed pregnant.

Feelings of helplessness and a rollercoaster of emotions became the new normal in Mai's day-to-day life. As her emotions turned into frustration, Angie, the certified life coach at Cornerstone, along with the team of RN's and client advocates, started classes with Mai to help her understand the various struggles she was experiencing in her pregnancy and how she could better care for herself and her children.

As Mai continued to walk through her pregnancy, she received many resources through Cornerstone's boutique. She not only stocked up on diapers and wipes but was also able to get maternity clothes for herself and clothes for her boys. With help and support from Cornerstone, Mai's family is continuing to grow and her relationship with her husband has been strengthened.

"I see that Jesus love through the way they talk to me, the way they care for me," Mai reflected. "I see that God is loving me and showing me that he cares for me. They are like life preserver. They rescue me. They pull me from darkness to light. Now I see that God has better plan for me and my family." Mai gave birth to a beautiful baby girl earlier this year.

\*Mai is an actual client. Her name has been changed to protect her anonymity.

#### NOTES:

- This report is a collaborative project between Charlotte Lozier Institute (CLI) and Care Net. We are grateful to Heartbeat International and the National Institute of Family and Life Advocates for their contributions towards data collection from their affiliated U.S. pregnancy centers.
- Value of services is based upon materials and services provided by 80 pregnancy centers in the state of Minnesota in calendar year 2022. At least 10 of these centers received state or federal funding in 2022.
- Total savings are calculated based on cost estimates of services, classes and baby items provided to clients. The sources for the cost estimates and valuation of items and services can be found in the Methodology section, pgs. 15-16, of the 2022 CLI national pregnancy center report, "Hope for A New Generation" (<https://lozierinstitute.org/pcr/>), except for the following state-specific labor costs.
- The Minnesota mean hourly wages referenced are as follows: Social Workers in local/state government is \$34.17 per hour - BLS OES code 21-1029, Registered Nurses is \$45.59 per hour - OES code 29-1141, and Diagnostic Medical Sonographers is \$46.46 per hour - OES code 29-2032.
- The estimated savings does not include housing and other monetary assistance provided to some clients. We advocate for our clients by networking with hundreds of county, state and non-profit social service organizations around the country. We cannot quantify the value of emotional support given to the women we help through phone calls and caring volunteers.
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