



State Support for the First Thousand Days After Birth

State Spotlight: Arizona

Information current as of December 2025.

1. Care Coordination and Pregnancy Support

1.1 Pregnancy Support

No applicable and/or known programs.

1.2 Care Coordination

Health-e-Arizona PLUS

This is Arizona's government-run benefits portal that helps Arizonans apply for and maintain public benefits.

2. Women's Health

2.1 Prenatal and Postpartum Medical Care

Reproductive Health/Family Planning Program

Arizona's family planning program is a clinic-based program that provides low-income men and women with family planning services for free or at a reduced cost. The program allocates federal Title V funds to participating clinics. Clinics provide services focused on disease prevention, enhancing maternal and infant health, and increasing the emotional health of individuals and their families. The program provides referral services, STI testing, pregnancy testing, counseling, education, and medical services.

2.2 Prenatal and Postpartum Support

WIC Breastfeeding Support

Arizona's WIC program provides breastfeeding enrollees with [peer breastfeeding counselors](#) and provides women in need with [pumps](#) through their local WIC agencies.

[Evidence Based Home Visiting \(EBHV\) Program](#)

Arizona's home visiting program is funded by federal Maternal, Infant, and Early Childhood Home Visiting (MIECHV) funds and is administered by the nonprofit organization First Things First in collaboration with the Arizona Departments of Health Services, Economic Security, and Education. Arizona's home visiting program [utilizes the following EBHV models](#):

- [Family Spirit](#) - This is a home visiting program, developed by the John Hopkins Center for Indigenous Health, that is culturally tailored for indigenous populations. It provides home visiting services prenatally through the child's third birthday.
- [Health Start \(Promising Approach\)](#) - This home visiting program is offered in 14 communities across Arizona and provides in-home visits to address the socio-behavioral needs of high-risk pregnant women. The program helps women find prenatal care, provides pre- and postnatal education, and educates women on the importance of childhood immunization and healthy development practices.
- [Maternal Early Childhood Sustained Home-Visiting Program \(MECSH\)](#) - This home visiting program provides three prenatal visits to participating families and provides home visits after the child is born until the child is two years old. The target populations for this service model are expectant parents, low-income families, unmarried or single parents, caregivers with limited access to education, and families with a history of child and/or substance abuse.
- [SafeCare Augmented](#) - This home visiting program is for families with newborn children and children up to age five. This program provides families with parenting education classes that focus mainly on preventing neglect and child abuse.
- [Nurse Family Partnership](#) - This home visiting program is tailored towards first-time mothers and is available from the 28th week of pregnancy until the child turns two years old. This model is available in Metro Phoenix.
- [Parents as Teachers](#) - This home visiting program is tailored towards pregnant women and women with children (up to five years old). Under this program, enrollees receive between 12 and 24 visits a year depending on the families' needs. It is available in La Paz, Mohave, and Maricopa counties.
- [Healthy Families Arizona](#) - This is a voluntary home visiting program for expectant and new parents of children up to three months old with life stressors. Life stressors include poverty, unemployment, lack of prenatal care, lack of health insurance, single or teen parenthood, etc. This program provides parents with counseling services and teaches them about healthy child development patterns, discipline tactics, and child-parent interactions.

2.3 General Medical Care for Women

Power Me A2Z

This program, run by the Arizona Department of Health, mails out a three-month supply of multivitamins, free of charge, to women who are not pregnant but could get pregnant in the future. The multivitamins are not prenatal vitamins but rather 400 mcg of folic acid that the Department states help with PMS, mental health conditions, and preventing birth defects in future children.

Well Woman HealthCheck

This is Arizona's breast and cervical cancer screening program for low-income and underinsured or uninsured women. Services offered by this program include clinical breast exams, mammograms, pap tests, and pelvic exams. Diagnostic testing services such as biopsies and ultrasounds are available if screening results are abnormal, and treatment referrals can be made if necessary. In May 2023, the passage of [SB1601](#) requires that insurers provide coverage for mammograms and digital breast scans at the age and intervals recommended by the National Comprehensive Cancer Network.

There are two related but separate breast and cervical cancer screening programs for those living on tribal lands- The Hopi Women's Health Program and the Navajo Nation Breast and Cervical Cancer Prevention Program. Both programs serve the same function as the HealthCheck program but have slightly different eligibility requirements.

[Arizona Health Care Cost Containment System \(AHCCCS\) \(Medicaid\)](#)

AHCCCS provides health coverage to eligible Arizona residents who meet certain income guidelines and are U.S. citizens or have satisfactory immigration status. Below are several groups that are eligible for [full coverage](#) Medicaid:

- Adult expansion group- This eligibility group consists of adults, ages 19 to 64, who don't otherwise qualify for other eligibility categories and have an income at or below 138% of the FPL qualify for the state's expansion eligibility category.¹
- Caretake relatives- This eligibility group consists of adult relatives who are living with and caring for a child under the age of 19. Other requirements for this eligibility group include applying for potential income through unemployment, pensions, and social security, and cooperating with the Division of Child Support Services if necessary. The income limit for this eligibility group is at or below 111% of the FPL.² To be considered a caretaker relative, one has to be taking care of a deprived child, a child who no longer has parents, or a child who can't live with their parents.
 - o Transitional Medical Assistance- This is a continuous care Medicaid extension benefit for households with children who are in the caretaker relative eligibility

¹ The 5% difference between the stated income limits for different eligibility groups within the Arizona document linked above and the amount listed in this document is because the Arizona document didn't account for the 5% disregard that applies to Medicaid eligibility groups.

² Ibid.

category and become ineligible for coverage because of the increased earnings of a parent or relative. This allows Medicaid participants to retain their coverage during the financial transition period.

- Pregnant women- This eligibility group consists of pregnant Arizona women whose income is at or below 161% of the FPL qualify for this eligibility category.³ As a result of the passage of [HB2863](#) into law in 2022 and CMS' subsequent approval of the state's request for extension in 2023, pregnant women retain postpartum Medicaid coverage for one year after childbirth instead of 60 days.
- Well Woman HealthCheck enrollees- This eligibility group consists of women who have breast cancer, cervical cancer, or a precancerous cervical lesion and are under the age of 65, were diagnosed with cancer through the state's WellCheck program (or tribal screening programs) and are uninsured or underinsured. Medicaid coverage includes treatment for enrollees diagnosed with cancer. There is no income limit set by the state for this program, but rather a de facto limit (250% of the FPL) set by the state's screening programs (WellCheck, etc.).

Arizona's Medicaid program offers a subprogram, the Transplant Extended Eligibility Program, for people who are eligible for a medically necessary transplant but are losing their AHCCCS coverage because their income is now over the limit for the program. This program is completely state-funded and only for those who were approved for a transplant and placed on a transplant waiting list before their AHCCCS eligibility ended.

Lastly, if one qualifies for any of these eligibility groups except for their immigration status, Arizona Medicaid will provide them with the Emergency Services Package. This package covers services needed to treat an emergency medical condition that threatens one's health or a bodily function or organ.

For more information see section 6.1 for disability-specific Medicaid programs, section 7.2 for child-specific Medicaid programs, section 7.4 for adoption-specific Medicaid programs, and section 7.5 for foster care-specific programs.

3. Finances, Work, and Education

3.1 Help Paying Bills

Cash Assistance

This federally funded TANF program provides cash payments to needy Arizona families with children for up to 60 months. Benefits come in the form of an EBT card loaded on the first of every month. All TANF recipients must sign a Personal Responsibility Agreement to receive benefits. More details on what the agreement entails can be found [here](#). Recipients must meet all three of the following eligibility requirements:

³ Ibid.

- Be an Arizona resident
- Be a U.S. citizen or qualified immigrant
- [Meet income and resource limits](#)

Grant Diversion Program

This is a TANF program that provides a one-time lump sum payment to Cash Assistance recipients to help them pay for expenses while they are seeking full-time employment.

3.2 Employment support

TANF Jobs Program

This is Arizona's TANF mandatory work program for benefit recipients who are work eligible. The program helps participants search for and maintain jobs as well as eliminate barriers in their lives that keep them from being employed and economically self-sufficient. This program also provides eligible TANF recipients with case management services.

SNAP Career Advancement Network (SNAP CAN)

This is the voluntary employment and training (E&T) program for Arizona's SNAP program. The program provides qualifying, work-eligible SNAP recipients with job search and training services. The program also provides assistance that can be put towards childcare, training materials, obtaining a GED, clothing for interviews, uniforms, cell phones, etc. SNAP recipients must be 16 years old or older to participate in this program.

Arizona @ Work

This is Arizona's statewide, state-run, workforce development network that helps employees find and maintain meaningful jobs and employers find the best employees for their companies. This network utilizes both public and private organizations but is run by the state.

AZ Job Connection

This is a job search and training program run by the state. The program provides job seekers with a career counselor who can help individuals with their resumes and interviews and to find jobs tailored to their skills and interests.

3.3 Education and Training

No applicable and/or known programs.

3.4 Financial Advice or Education

No applicable and/or known programs.

4. Material or Legal Support

4.1 Transportation

Non-Emergency Medical Transportation (NEMT)

This is a Medicaid benefit that provides Medicaid beneficiaries with transportation to non-emergency medical appointments when all other transportation options have been exhausted.

4.2 Food and Nutrition

WIC

This program is funded by the federal government but run by the state. It provides healthy foods, health care referrals, and nutrition education to low-income pregnant, breastfeeding, and postpartum women and their children (up to age 5) who are at nutritional risk. Recipients must meet all of the following eligibility criteria:

- [Meet income guidelines](#)
- Be an Arizona resident and U.S. citizen
- Submit to the collection of height/length and weight values and hemoglobin/hematocrit data [as of October 1, 2023](#)

Nutrition Assistance

This is Arizona's SNAP program which is funded by the federal government but run by the state. It provides supplemental assistance to low-income families' monthly food budgets. Recipients must meet all of the following eligibility requirements:

- Be an Arizona resident and U.S. citizen or a qualified immigrant
- Meet household income limits
- Be an able-bodied adult (ages 18 to 65) without dependents and [must work](#) at least 20 hours a week or participate in the Employment and Training Program. Those that are exempt from this requirement include:
 - o Those residing outside of Maricopa County, the cities of Buckeye and Apache Junction, and all tribal lands.
 - o Parents of dependent children under the age of 18
 - o Those with physical or mental health limitations
 - o Pregnant women
 - o Homeless people
 - o Veterans
 - o Former foster care youth between the ages of 18 and 24 who were in the custody of the foster care system when they turned 18

Restaurant Meals Program

This is a component of the state's SNAP program that allows SNAP participants to use their SNAP EBT card to buy prepared meals from participating restaurants. The program is available to SNAP participating households if one or more family members meets one of the following criteria:

- Has a disability
- Is 60 years old or older
- Is homeless

Double Up Food Bucks

This is a component of the state's SNAP program that allows participants to purchase twice as many fruits and vegetables when they use their SNAP benefits at select farmers markets, farm stands, and corner stores.

Special Nutrition Programs

National School Breakfast and Lunch Programs

This federally funded program is run by the state and provides needy children with free or reduced-cost breakfast and lunches at participating schools.

- [Afterschool Care Snack Program](#) - This is a federally funded program that provides public and private schools as well as childcare institutions with subsidized snacks for after school programs. The snacks are provided for free or at a reduced cost for eligible children.

The Emergency Food Assistance Program (TEFAP)

TEFAP is a federally funded program that provides states with 100% American grown foods which are allocated to participating food banks, pantries, and soup kitchens. Low-income individuals and families can then go and receive supplemental food boxes from these entities. These supplemental food boxes contain three to five days' worth of food. Monthly income limits apply.

SUN Bucks Summer Electronic Benefits Transfer (Summer EBT)

This program is administered by multiple state agencies but is funded by the federal government. State agencies involved with this program include the Arizona Department of Education (the lead administrative agency for the program) and the Department of Economic Security. If students are eligible for this program, they will receive a one-time payment of \$120 to go towards their family's grocery bill during the summer when they lose access to free or low-cost school meals. In depth eligibility requirements can be found [here](#).

Child and Adult Care Food Program

This federally funded program is run by the state and provides reimbursable meals to childcare centers who take care of children under 13 years of age or adults with disabilities.

- [At-Risk Afterschool Meals](#) - This is a component of the Child and Adult Care Food program that is also federally funded. It provides dinner meals and/or snacks in after-school programs in low-income areas to all children 18 years old or younger. During school breaks or on the weekends, program participants can pick up one snack and one meal (breakfast, lunch, or dinner) for each child per day.

Summer Food Service Program

This federally funded program is run by the state. It provides free meals to children 18 years or younger in participating communities and day camps. In Arizona, this program is sponsored by school districts, local government agencies, camps, private nonprofit organizations, and public organizations.

4.3 Clothing, Household Goods, and Baby Supplies

No applicable and/or known programs.

4.4 Housing, Shelters, and Maternity Homes

Low Income House Energy Assistance Program (LIHEAP)

This is a federally funded program run by the Arizona Department of Economic Security that helps low-income Arizona families pay their heating/cooling bills. The program can pay utility-related costs in crisis situations when their regular LIHEAP benefit has been exhausted. Recipients must meet both of the following eligibility requirements:

- Must require assistance with energy-related utilities
- Meet income limits

The amount allocated by the program to individual families depends on their energy need and burden as well as their income.

Weatherization Assistance Program

This is a federally funded program run by the Arizona Department of Housing. This program helps low-income individuals and families save money on their utility bills by weatherizing their homes to conserve energy. To be eligible, an applicant must own the home being updated or must receive approval from the landlord. Home health and safety impacts qualification for this program.

4.5 Legal Support

No applicable and/or known programs.

5. Recovery and Mental Health

5.1 Addiction Recovery

ASH Line

This is Arizona's government-run Quitline program hotline (1-800-556-6222) that Arizonans can call to connect with a Quit Coach who can help them develop a plan to quit tobacco use. This hotline can be accessed via phone and online. Quit Coaches can also connect callers with free nicotine replacement therapies as well as specialized quitting programs such as American Indian Commercial Tobacco Program, Menthol Tobacco User Program, Pregnancy & Postpartum Program,

Behavioral Health Program, and My Life My Quit (for youth ages 13 -17). Some of these programs provide gift cards and cash for completing program activities.

Arizona Families F.I.R.S.T.

This program is a partnership between the Arizona Department of Economic Security and the Department of Health. It helps address and treat parents' substance abuse issues that are affecting their ability to care for their children and/or obtain or keep a job. Services included in this program are administered by private providers- Terros Health, Catholic Community Services South and Northeast and Catholic Charities Community Services Northwest in conjunction with the state's Regional Behavioral Health Authority. Services provided by this program include case management, counseling services, and drug and alcohol testing as well as treatment services (inpatient, outpatient, and recovery maintenance services).

5.2 Domestic Violence, Sexual Assault and Trafficking Recovery

No applicable and/or known programs.

5.3 Mental Health

Arizona Statewide Crisis Hotline

This hotline is run by the state and can be reached via phone, text, or an online chat platform. The phone number is 1-844-534-4673. Those struggling with suicidal thoughts, psychosis, anxiety, etc. can call this number and receive free counseling and referral services from trained crisis specialists.

Crisis Stabilization Centers

These centers are [Medicaid funded](#) and offer crisis stabilization and observation services. These centers are staffed by clinicians and allow individuals to stay up to 24 hours until the crisis has subdued, or they can start receiving mental health services right away.

5.4 Abortion Recovery and Healing

No applicable and/or known programs.

6. Disability Assistance

Disability-Specific Medicaid Programs

In addition to the traditional Medicaid coverage option, Arizona also offers long term care (LTC) services. Plans that include long term care services provide the same benefits as the traditional option but also offer additional services for the disabled and elderly. Both the traditional and LTC services plans cover extensive behavioral health benefits and substance abuse treatment services. Arizona participates in the [1115 demonstration waiver](#), meaning that instead of separate 1915(C) home and community-based service waivers (HCBS), the state integrates those services into its general Medicaid program.

Children's Rehabilitative Services is a designation within the Arizona Medicaid program that provides care coordination, medical, and rehabilitative services to children (under the age of 21) with special health care needs. A sampling of qualifying special health care needs includes conditions related to cardiovascular, endocrine, or musculoskeletal systems.

Aged, blind, and disabled adults also can receive full Medicaid through the state's Medicaid program. Furthermore, those who are disabled but employed can receive full-coverage Medicaid if their income is at or below 250% of the FPL and they meet other disability criteria and eligibility requirements.

[Arizona Early Intervention Program \(AzEIP\)](#)

This is Arizona's early intervention program that provides early intervention and referral services for children (birth through two years old) with developmental delays (Down Syndrome, prematurity, or hearing loss) to support their medical and social needs. Services include occupational, physical, speech-language, and developmental therapy as well as hearing and vision services.

[AZ ABLE \(Achieving a Better Life Experience\)](#)

This program is a partnership between the Arizona Department of Economic Security and participating private banks that offers disabled persons as well as their family and friends the ability to make tax-exempt contributions to a savings account, owned by the disabled participant, for disability-related expenses. Disability-related expenses include housing or rent, basic living expenses, medical/financial/legal bills, education, assistive technology, and education. The money in participants' savings account does not impact their ability to obtain or retain SNAP, Medicaid, or SSI benefits.

7. Care for Children

7.1 *Childcare*

[Department of Economic Security Child Care Assistance](#)

This program provides childcare assistance to eligible families with children under age 13 (or over 13 if the child has a disability) who are participating in employment or education activities. This program can also provide childcare assistance to homeless children or children referred by the Arizona Department of Child Safety or a Tribal child welfare program. The amount of assistance families receive depends on their income and household size. Recipients must meet both of the following eligibility requirements:

- Have an income at or below 165% of the FPL
- Being an Arizona resident

The program is available to who qualify as one of the following:

- Teen parents enrolled in a high school, GED, or other remedial education programs
- Those working or in school

- Reside in a homeless or domestic violence shelter
- Unable to care for their children due to a physical or mental condition or be participating in court-ordered community service or drug treatment program

This program automatically provides assistance to those participating in the Cash Assistance (TANF) Grant Diversion program.

7.2- Children's health care

Medicaid for Children

Children who meet residency and immigration requirements and are born to women who meet Medicaid income limits are automatically enrolled in the state's full-coverage, ACC Medicaid program. Children under the age of one must have a family income at or below 152% of the FPL, with the threshold decreasing to 146% for children aged one through five and 138% for children aged six through 18.⁴

Arizona's Early Periodic Screening, Diagnostic and Treatment (EPSDT) benefit provides health coverage for well-child visits and diagnostic screenings for all children with actual or potential health issues, from birth to age 21 who are enrolled in Medicaid. This mandated Medicaid benefit screens children with actual or potential health problems to treat them before they become permanent disabilities. Preventive health services are also available to Medicaid-eligible children under age 21.

KidsCare (CHIP)

This program provides health insurance to children under the age of 19 who are otherwise not eligible for other Medicaid coverage because their family income is too high to qualify for Medicaid but too low to afford private insurance. The exact premium amount depends on family income. Recipients must meet all the following eligibility requirements:

- Being an Arizona resident
- Be a U.S. citizen or qualified immigrant
- Not receiving coverage by other health insurance and not qualifying for coverage through a state agency employee
- Be a member of a household that is willing to pay a premium
- Meet the income limit- With the passage of [SB 1726](#) in 2023, Arizona's KidsCare income limit went from 205% to 230% of the FPL.⁵

Arizona School-Based Sealant Program

This program provides dental sealant services through the Arizona Department of Health Services to children without private dental insurance in a school setting. Recipients must meet all the following eligibility requirements:

- Be in second and sixth grade

⁴ Ibid

⁵ Ibid

- Obtain parental consent
- Have a need for sealants
- Attend a school with a high level of participation in the free/reduced school meal program

Fluoride Varnish Program

This oral health prevention program provides free fluoride services to children from birth to five years old.

Vaccines for Children

This is a federal program run at the state level, and it provides participating doctors' offices with free vaccines to administer to resident children under the age of 19 whose families could otherwise not afford to vaccinate their children. Those who are one of the following qualify for this program:

- An American Indian or Alaska Native
- Medicaid-eligible
- Uninsured or underinsured (can only receive vaccines through FQHCs, rural health clinics, or local public health districts).

Newborn Screening Program

All infants born in Arizona hospitals must be tested for genetic disorders, hearing loss, and Critical Congenital Heart Disease. If an infant is diagnosed with any of the above, practitioners quickly refer the infant for or start treatment depending on the infant's needs. It is important to note that while this program is required, parents pay a one-time fee of \$171 for these services. The fee is included in most hospitals' birth bill which is billed to insurance providers.

7.3- Family and parenting education

Arizona Head Start and Early Head Start

This is a federally funded program that coordinates with service sites to educate low-income parents of children aged birth to five on child development and school readiness. Head Start typically serves children between ages three and five, and Early Head Start serves infants, toddlers, and pregnant women. The program is free to low-income families at or below federal [poverty guidelines](#). Children whose families receive public assistance, who are in foster care, or are experiencing homelessness are also eligible regardless of income. The state's Head Start program is administered by the federally funded Arizona Head Start Collaboration Office.

7.4 Adoption

Adoption Tax Credit

The Arizona Department of Child Safety will provide qualifying families of adopted special needs children with a one-time payment of up to \$2,000 for non-recurring adoption-related expenses.

Maintenance Payment

The Arizona Department of Child Safety may provide families of adopted special needs children with payments on an as-needed basis to help the family pay for expenses related to the care of their adopted special needs child.

Special Services Subsidy

The Arizona Department of Child Safety can provide subsidy payments to adoptive families who face infrequent or uncommon needs related to the care of an adopted child with preexisting special needs.

More information on eligibility requirements associated with Arizona's various adoption assistance programs can be found [here](#).

7.5 Foster, Kinship, and Short-term Care

Successful Transfer to Adulthood Contract Services

This program is offered by the Arizona Department of Child Safety (DCS) and helps foster youth transition from state care to adulthood outside of the foster care system. This program helps participants develop future plans, explore potential careers, find health care and insurance, and develop financial literacy. These services are offered by either behavioral health providers or foster homes or group homes. Recipients must meet all the following eligibility requirements:

- Be in the care of DCS or a federally recognized Tribal foster care program, in an out of home care setting
- Be ages 14 through 20
- Being an Arizona resident

Educational and Training Vouchers (ETV)

This federally funded program provides college tuition waivers to those who are in foster care when they turn 18 and those in the state's kinship-guardianship program. Youth can receive up to \$5,000 a year for tuition or other qualified school-related expenses. ETV funds can be accessed for a maximum of five years until the youth's 26th birthday. Other eligibility requirements include:

- Be enrolled in an accredited college or vocational/technical training program and make progress toward completion of their degree
- Apply annually for the voucher

Extended Foster Care

This program provides continuous assistance to foster children until their 21st birthday while they pursue higher education or employment and transition from foster care to adulthood. DCS specialists are paired with individuals in the program to create a case plan that will help the foster care youth to develop and meet educational, career, and life goals. Recipients must meet all the following eligibility requirements:

- Be 18 through 20 years of age
- Be an Arizona resident
- Sign a Voluntary Extended Foster Care Agreement
- Reside in a supervised living arrangement approved by DCS
- Have an individual case plan and be involved in one or more of the following:
 - o Secondary education, vocational educational program, or an educational program leading to a GED
 - o Employment for at least eighty hours per month
 - o Program that promotes employment or removes barriers to employment

These requirements are waived for those who are medically unable to be a full-time student or work.

Foster Care and Adoption Medicaid

Children in the foster care or adoption system who also receive federal Title IV-E assistance and/or adoption subsidies are automatically enrolled in Arizona Medicaid. If LTC services are needed, the child must be determined to be medically eligible. There is no income limit for these Medicaid groups set by the state. However, there is an income limit attached to federal Title IV-E assistance, which places a *de facto* income limit on these Medicaid eligibility groups.

Additionally, those who are ages 18 through 25 and transitioning out of foster care while enrolled in Medicaid are enrolled in ACC Medicaid under the Young Adult Transitional Insurance (YATI) eligibility group.

7.6 Safe Haven and/or Baby Boxes

Safe Haven Law

Arizona's Safe Haven Law allows parents or agents of the parents to surrender an unharmed infant, 30 days old or younger, to a designated Safe Haven provider without fear of prosecution. Safe Haven providers include:

- A firefighter on duty
- An EMT on duty
- A medical staff person at a general hospital or a rural general hospital on duty
- A staff member or volunteer at a licensed private child welfare or adoption agency that has a public sign stating it is willing to accept a Safe Haven newborn
- A staff member or volunteer at a church that has a public sign stating it is willing to accept a Safe Haven newborn

Miscellaneous

Arizona Pregnancy Center Tax Credit

An income tax credit is provided to individuals who donate to qualifying community service organizations (QCO) ([including](#) Arizona pregnancy centers and maternity homes) and qualifying

foster care organizations (QCFO). To qualify as a QCO, an organization must spend at least half of its budget serving low-income individuals or physically disabled people. This tax credit allows married filers to claim up to \$800 for donating to a QCO and \$1,000 for donating to a QCFO.

Choose Life License Plate Program

Arizona drivers can buy Choose Life Arizona vanity plates through the MVD for \$25. Seventeen dollars of the \$25 fee goes towards the Arizona Life Coalition which distributes funds to Arizona's life-affirming pregnancy centers.

This is a non-exhaustive list of programs, current as of January 2026, intended to make information easily accessible to moms and families. Program details are subject to change. Readers should always consult with the appropriate state agency for the most accurate and recent information. The information in this summary is for educational purposes only. CLI does not take a position on the merits of any specific program.

This document was compiled by Mia Steupert, Elyse Gaitan, and Tessa Cox.