



State Support for the First Thousand Days After Birth

State Spotlight: Oklahoma

Information current as of December 2025.

1. Care Coordination and Pregnancy Support

1.1 Pregnancy Support

Choosing Childbirth Program

This is Oklahoma's Alternatives to Abortion Program. This program legislatively appropriates annuals funds to the Oklahoma Pregnancy Care Network which then distributes funds to different subrecipient nonprofit organizations around the state that do not provide abortions and do provide information, counseling, and support services that assist pregnant women in areas like health, nutrition, housing, adoption, education, etc.

Choosing Childbirth Program Related Legislation

S.B. 1135 (2024)

This legislation, signed by Gov. Kevin Stitt in June 2024, is titled the "Choosing Childbirth Revolving Fund." The bill established a choosing childbirth revolving fund within the state treasury that is not subject to fiscal year limitations. The money directly funds the services associated with the "Choosing Childbirth" program. This legislation appropriated \$18 million for this fund.

S.B. 538 (2024)

This legislation, signed by Gov. Stitt in May 2024, amended the Choosing Childbirth Act of 2017 to also reimburse organizations that provide pregnant women and mothers with obstetric ultrasounds, mental health and substance abuse services, and transportation assistance.

1.2 Care Coordination

OK DHS Live

This is Oklahoma's online benefits resource which provides quick information on a variety of benefits from the state of Oklahoma such as SoonerCare (Medicaid), Temporary Assistance for

Needy Families (TANF), and Low-Income Energy Assistance Program (LIHEAP). The site can be used to apply for or renew eligibility for these benefits.

2. Women's Health

2.1 Prenatal and Postpartum Medical Care

Healthy Start Initiative of Central Oklahoma

The Healthy Start Program is a federal program administered at the local level in Oklahoma County and Pottawatomie County. The mission of the program is to reduce infant mortality, the incidence of low-birth-weight babies, and perinatal disparities. The program focuses on these topics through prenatal health care, screenings, counseling and referrals for addiction treatment, etc. This program also provides case management services. Women of childbearing age, pregnant women, mothers with babies under 18 months, and fathers of children under 18 months are eligible for this program.

2.2 Prenatal and Postpartum Support

Breastfeeding Education

Breastfeeding promotion and education are important components of the state's Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). Mothers who breastfeed may be eligible to receive WIC benefits longer than non-breastfeeding mothers as well as breast pumps to help support their breastfeeding. Breastfeeding mothers enrolled in WIC receive enhanced food packages and follow-up support through International Board-Certified Lactation Consultants and breastfeeding peer counselors. Lastly, the state has a breastfeeding hotline for nursing mothers, their families, prospective parents, etc.

Evidence Based Home Visiting (EBHV) Program

Oklahoma's EBHV program provides home visiting services to expectant families who have lower incomes and are at risk of adverse health and development outcomes using federal Maternal, Infant, Early Childhood Home Visiting (MIECHV) Program funds. The program also provides a system of coordinated services using statewide home visiting models and helps coordinate mental health, primary care, and dental care. Oklahoma's EBHV program utilizes two home visiting models:

- [Nurse Family Partnership \(NFP\)](#): In Oklahoma, this program is titled the "Children First Program." It is specifically for first-time Oklahoma mothers. The program provides home visits starting in early pregnancy through the child's second birthday. Affiliated nurses provide pregnancy education materials and resources as well as materials related to parenting skills. To be eligible, Oklahoma mothers must be first time mothers, be less than 29 weeks pregnant at enrollment, and have an income at or below 185% of the Federal Poverty Level (FPL).

- [Parents as Teachers \(PAT\)](#): This program provides families with home visits and teaches them positive parenting skills and about child development. This program is focused on families with children ages zero to five, regardless of their socioeconomic background.
- [SafeCare Augmented](#): This program provides families with home visits and focuses on preventing child abuse and neglect. It specifically focuses on families with children under the age of five who are at risk or have a history of child abuse or neglect.

[parentPRO](#)

This program connects first-time parents and their children (birth to 5 years old) with home visiting services. The program utilizes [Community Connectors](#) who screen families for eligibility and to determine which home visiting model (described above) is best for the family, and then, if connected with a home visiting program, help the family work through the program.

[Child Guidance Program](#)

This program is funded by both the state and federal governments but is run by the Oklahoma State Department of Health. This program provides families with screening and care-coordination services as it relates to speech pathology, behavioral health and child development. The program also teaches parents how to build healthy relationships with their children. To be eligible, children must be under 18. Services are provided on a sliding fee scale that is based on income and family size

[S.B. 1121 \(2023\)](#)

This legislation, signed into law by Gov. Stitt in May 2023, provides six weeks of paid maternity leave for public school teachers.

2.3 General Medical Care for Women

[Take Charge](#)

This is Oklahoma's Breast and Cervical Cancer Early Detection Program (BCCEDP). It is federally funded but administered by the Oklahoma State Department of Health. The program [provides](#) eligible women with free clinical breast exams, HPV testing, mammograms, pelvic exams, and pap tests. Eligibility requirements can be found [here](#).

[Adult Vaccine Program](#)

This federally funded program is run by the state and provides vaccines to participating providers who then administer free vaccines to adults 19 and older who are uninsured or underinsured.

[Medicaid](#)

Medicaid in Oklahoma provides health coverage to eligible Oklahoma residents who meet the income guidelines and are U.S. citizens or have satisfactory immigration status. There are various Medicaid programs available in Oklahoma for individuals and families, each with their own additional requirements. [Below](#) are several groups that are eligible for Oklahoma Medicaid. The income limits for these groups can be found [here](#).

- Pregnant women: Pregnant women are eligible for full-coverage Medicaid if they meet certain family size and income limits. Oklahoma's state plan amendment was [approved](#) by the CMS, increasing the income limit for this eligibility category from 138% to 205% of the FPL and extending postpartum Medicaid coverage from 60 days to 12 months. [The Healthy Start, Grow Smart magazine](#) is sent to all mothers of newborns covered under Oklahoma Medicaid. The magazine includes information on caring for newborns, brain development, and skill-building.
- Parents and caretakers: Parents with children living in their homes who also meet resident, citizenship, and income requirements are eligible for full-coverage Medicaid.
- Expansion group: Low-income adults, ages 19-64, are eligible for full-coverage Medicaid. To be eligible, members of this group must not be enrolled in another Medicaid eligibility category or have any other type of private insurance.
- [Take Charge enrollees](#): Those who receive a cancer diagnosis through the state's Take Charge/BCCEDP are eligible to receive full coverage Medicaid through the Oklahoma Cares Program. Other eligibility requirements include having a low income, not being eligible for SoonerCare, not having any other insurance to cover diagnosis or treatment, and being under the age of 65.
- [SoonerPlan](#): This is Oklahoma's family planning Medicaid program that provides coverage for family planning services only. Men and women of all ages who are U.S. citizens or qualified non-citizens, Oklahoma residents, not enrolled in traditional Medicaid, and whose income is at or below 210% of the FPL are eligible for this program. Examples of covered services include birth-control information and supplies, tubal ligations for women 21 and older, vasectomies for men 21 and older, office visits, and laboratory tests including Pap smears and pregnancy tests.

[Those](#) who would otherwise be eligible for Medicaid apart from their citizenship status can receive Medicaid coverage for emergency services.

For more information on disability-specific Medicaid programs, see section 6.1, section 7.2 for child-specific Medicaid programs, section 7.4 for adoption-specific Medicaid programs, and 7.5 for foster-care-specific programs.

3. Finances, Work, and Education

3.1 Help Paying Bills

[TANF](#)

TANF in Oklahoma is a cash assistance program that provides needy families with children with short-term financial assistance as well as work and mentorship programs. It provides temporary support, employment training, childcare assistance, etc. [Eligibility requirements include](#) meeting all the following criteria:

- Being a U.S. citizen or qualified noncitizen

- Having responsibility for a minor living in one's home
- Meeting income standards shown in [Appendix C-1](#) Schedule IX
- Having a Social Security number
- Agreeing to cooperate with Child Support Services if applicable
- Agreeing to cooperate with a personalized TANF work plan

In 2023, Gov. Stitt signed [H.B. 1932](#) into law. This legislation allows TANF applicants and recipients who are pregnant but don't have minor children at home to qualify for the program.

3.2 Employment Support

SNAP2Work

This is Oklahoma's SNAP employment and training program. It offers free employment services as well as childcare and transportation assistance and money for books, supplies, and clothing needed for training courses or interviews.

Employment and Training Services

Oklahoma's Employment Security Commission's local offices across the state offer free resources to help the unemployed find and apply for jobs as well as prepare for interviews. Some examples of services provided at these offices include giving the unemployed access to computers and printers, career guidance and counseling, and helping them find apprenticeships.

Work Opportunity Tax Credit (WOTC)

This is a tax credit offered to employers as an incentive to hire individuals from targeted groups (TANF recipients, veterans, ex-felons, vocational rehabilitation recipients, summer youth, food stamp recipients, etc.). Employers can claim a tax credit of up to \$12,500.

3.3 Education and Training

No applicable and/or known programs.

3.4 Financial Advice or Education

No applicable and/or known programs.

4. Material or Legal Support

4.1 Transportation

SoonerRide Program

This program, associated with the state's Medicaid program, provides members with non-emergency transportation to medical appointments. This program also helps with lodging and meal services for those who have to travel long distances to see specialists. This program allows up to three children to be brought to an urgent medical appointment even if the appointment is for a sick

parent. You can request an additional three “children” passengers. Guidelines for determining eligibility can be found [here](#).

4.2 Food and Nutrition

WIC

This program is federally funded but run by the state. It provides nutritious foods as well as nutrition-education classes, breastfeeding support, and consultations with dieticians to low-income women who are pregnant, breastfeeding, or parenting children up the age of five at nutritional risk

SNAP

This federally funded program is run by the state and provides funding for low-income families to buy nutritious foods at grocery stores and farmers’ markets. Eligibility requirements include meeting all the following criteria:

- Being a U.S. citizen or legal immigrant
- Meeting work requirements if an unemployed adult ages 18 to 53
- Meeting [income standards](#)

Special Nutrition Programs

[National School Breakfast and National School Lunch Programs](#)

This federally funded program is run by the state and provides needy children with free or reduced-cost breakfasts and lunches at participating schools.

- [Afterschool Care Snack Program](#)- This is a federally funded program that provides public and private schools as well as childcare institutions with subsidized snacks for after school programs. The snacks are provided for free or at a reduced cost for eligible children.

[Child and Adult Care Food Program](#)

This federally funded program is run by the state and provides reimbursable meals to childcare centers that take care of children under 13 years of age or adults with disabilities.

- [At-Risk Afterschool Meals](#): This is a component of the Child and Adult Care Food Program that is also federally funded. It provides dinner and/or snacks in after-school programs in low-income areas to all children 18 years old or younger. During school breaks or on the weekends, program participants can pick up one snack and one meal (breakfast, lunch, or dinner) for each child per day.

[Summer Food Service Program](#)

This federally funded program is run by the state. It provides free meals to children 18 years or younger in participating communities and day camps. In Oklahoma, this program is sponsored by school districts, local government agencies, camps, private nonprofit organizations, and public organizations.

Special Milk Program

This federally funded program is run by the state and provides milk to low-income or very low-income children in public and private schools, childcare institutions, and camps that do not participate in other federal child-nutrition meal-service programs.

The Emergency Food Assistance Program (TEFAP)

TEFAP is a federally funded program that provides states with 100% American grown foods that are allocated to participating food banks, pantries, and soup kitchens. Low-income individuals and families can then go and receive supplemental food boxes from these entities. These supplemental food boxes contain three- to five-days' worth of food. Monthly income limits apply.

Summer Electronic Benefits Transfer Program (EBT)

The [Cherokee](#), [Chickasaw](#), and [Muscogee](#) nations are enrolled in this nutrition program while the state is not. This federally funded program is administered by the aforementioned tribes. If students are eligible for this program, they will receive a one-time payment of \$120 to go towards their family's grocery bills during the summer when they lose access to free or low-cost school meals.

4.3 Clothing, Household Goods, and Baby Supplies

Safety Seat Program

Families may contact their respective county health departments to schedule an appointment to have any car seat or booster seat checked free of charge to determine if it is properly installed. A limited number of car seats and booster seats are also available at no cost to families enrolled in or eligible for other government assistance programs.

4.4 Housing, Shelters, and Maternity Homes

Down Payment Assistance Program

This program provides potential homebuyers with financial assistance in purchasing an existing home or building a new home. The property must be in Oklahoma and financed using an [eligible loan type](#). Recipients can either be first-time home buyers or repeat home buyers who meet the program's income limits.

Housing Choice Voucher Program

This federally funded program, otherwise known as Section 8, provides monthly rental assistance to low-income Oklahoma families that meet program and income guidelines. To qualify for this program, the owner of the rental property must agree to participate in this program.

Low Income Home Energy Assistance Program (LIHEAP)

This program provides winter heating and summer cooling assistance to eligible low-income families during specific application periods throughout the year. The Oklahoma Department of Human Services partners with utility companies to offset the cost of home energy to low-income families. Eligibility requirements include meeting all the following requirements:

- Being a U.S. citizen or a non-citizen legally given permanent residence
- Meeting [income](#) and household size requirements
- Being responsible for the home's energy payments

Households that include a federally recognized Native nation citizen can apply for LIHEAP through Oklahoma Human Services or with a Native program but cannot receive assistance through both in the same fiscal year.

LIHEAP also includes a program specifically to address emergency energy crises called the [Energy Crisis Assistance Program \(ECAP\)](#). Households must meet the income requirements for this program. The energy crisis must be verified by the utility provider and includes households with one or more of the following:

- An active cut-off notice the day of application
- A written notice from the utility provider listing fees, carryover debt, and a minimum requirement security deposit to establish a new service or restore a service
- A written notice from the utility provider which notes a refusal to continue delivering fuel when the tank is below 10% unless the provider receives minimum required payment
- A pre-paid account which has under \$25 in it
- A payment plan designed to prevent service cut off that has been verified by the utility provider

Weatherization Assistance Program

This program helps lower-income Oklahoma households reduce their utility bills and increase energy efficiency by providing recipients with funding to weatherize their homes. The home can either be rented or owned, but the household must meet the income limit at or below [200% of the poverty level](#) to be eligible. Priority for funding through this program is given to applicants who meet one or more of the following criteria:

- 60 years old or older
- Disabled
- Families with children
- Households with high energy burdens
- High residential energy users

4.5 Legal Support

No applicable and/or known program.

5. Recovery and Mental Health

5.1 Addiction Recovery

Oklahoma Tobacco Helpline

The Helpline offers free services and tools to help Oklahomans quit tobacco on their own terms. This Helpline is available for all Oklahoma residents. It has specialized services for Medicaid members such as the provision of free nicotine replacement therapies.

5.2 Domestic Violence, Sexual Assault and Trafficking Recovery

OK Safeline

This is a statewide hotline available to anyone experiencing sexual assault, stalking, relationship violence, and human trafficking. The hotline's representatives provide callers with resources and support options.

5.3 Mental Health

SAFER (Safely Advocating Families Engaged in Recovery)

This is a statewide effort between multiple state and local agencies focused on providing coordinated care for pregnant or parenting women with substance abuse or mental health disorders. There are specific residential services for these pregnant women as well as outpatient services. There even is a Substance Use Treatment and Recovery Prenatal Clinic that provides pregnancy care to those with a history of substance use.

5.4 Abortion Recovery and Healing

No applicable and/or known program.

6. Disability Assistance

SoonerStart

This is an early intervention program for families with infants or toddlers (from birth to 3 years old) with developmental delays and/or disabilities. Recipients are connected with child-development specialists, occupational therapists, physical therapists, speech pathologists, vision and nutrition services, nursing services, deaf services, and psychological services.

Disability-Specific Medicaid Programs

Oklahoma Medicaid offers Home and Community-Based Services (HCBS) waivers to individuals who require full, comprehensive coverage and additional long-term support services that allow disabled individuals to live at home instead of in a long-term care facility. Oklahoma HCBS waivers include:

- OK Advantage Waiver: For those 65 and older and those with physical or other disabilities, ages 19-64, who meet a nursing facility level of care. Examples of covered services include home-delivered meals, assistive technology, and adult day health.
- OK Community Waiver: For those with intellectual disabilities who are age 3 and older and who need an ICF/IID level of care. Covered services include prescription drugs, dental services, and nutrition services.
- OK Homeward Bound Waiver: For those with intellectual disabilities who are 21 and older and who meet an ICF/IID level of care. Examples of covered services include occupational therapy, family counseling, and specialized medical supplies.
- OK In-Home Supports Waiver for Adults: For those with intellectual disabilities who are ages 18 or older and who need an ICF/IID level of care. Examples of covered services include home modifications, physical therapy, and psychological services.
- OK In-Home Supports Waiver for Children: For those ages 3-17 with intellectual disabilities who need an ICF/IID level of care. Examples of covered services include family counseling, assistive technology, and family training.
- OK Medically Fragile Waiver: For those who are medically fragile or technology dependent and 19 and older who need a hospital or nursing facility level of care. Examples of covered services include respiratory therapy, private duty nursing, and the installation of personal emergency response systems.

Another disability-specific program covered by the state's Medicaid program is the Tax Equity and Fiscal Responsibility Act ([TEFRA](#)) program, otherwise known as the Katie Beckett program. This program is for children 18 years old and younger with disabilities who want to live at home but qualify for institutional placement in a hospital or intermediate care facility. This program provides full Medicaid coverage and additional program-specific services. There is an income limit for this program that considers the child's income and additional resource limits. The cost estimation for caring for the child at home cannot exceed the cost of the child's care if he or she was placed in an institution. Some services covered by this program include physical, occupational, and speech therapy, outpatient behavioral health counseling, nursing services, etc.

[Aged, blind, and disabled adults](#) not enrolled in these waivers can also receive full Medicaid through the state's Medicaid program if their income meets SSP benefit-rate limits. Those who are employed but disabled and meet income limits can qualify for Medicaid as well.

7. Care for Children

7.1 Childcare

Child Care Subsidy

This subsidy is funded by the federal Child Care and Development Block Grant. It helps parents pay for licensed childcare while they work, are in training programs, or are getting an education. [This subsidy is available](#) for families with children from birth to age 13. Children with disabilities may qualify up to age 19. Eligibility requirements are based on [income](#) and household size.

Childcare Related Legislation

H.B. 2452 (2023)

This legislation, signed into law by Gov. Stitt in May 2023, mandates that localities cannot issue additional childcare capacity limits for childcare facilities on top of state regulations.

S.B. 40X (2023)

This legislation, signed into law in June 2023, earmarked \$2.5 million for childcare access in the state.

S.B. 1286 (2022)

This legislation, signed into law by Gov. Stitt in April 2022, exempts Department of Defense certified childcare facilities from being subjected to the Oklahoma Child Care Facilities Licensing Act.

7.2 Children's Health Care

Vaccines for Children Program

This is a federal program run at the state level, and it provides participating doctors' offices with free vaccines to administer to children whose families could otherwise not afford to vaccinate their children. To be eligible, residents must be ages 18 or younger and meet one of the following additional requirements:

- Be American Indian or Alaska Native
- Be Medicaid-eligible
- Be uninsured
- Be underinsured

Newborn Screening

This is a state-run three-part screening program consisting of a blood-spot screen, a hearing screen, and a pulse oximetry screen. These three screenings are done prior to being discharged from a hospital and ensure that every baby born in Oklahoma is screened for certain rare diseases at birth. The program also provides short-term follow-up case management services until either the child is diagnosed with a condition or determined to not be affected by the condition. If a child is diagnosed with a disease at birth, their case is transitioned to long-term follow-up services through the same program. It is important to note that while this program is required, parents pay for these services. The fee is included in most hospitals' birth bill which is billed to insurance providers.

Children and Youth with Special Health Care Needs

The Oklahoma State Department of Health administers this federally funded program. It provides specialty services and financial assistance to children with special health care needs such as sickle cell anemia, Autism, other neurodevelopmental delays, PKU, etc. In addition to having special health needs, the child must be younger than 17 and receive Supplemental Security Income (SSI) from the Social Security Administration.

Family Support Assistance Program

The Oklahoma State Department of Health administers this program. It provides families of children with intellectual or developmental disabilities with cash payments (\$250-400 per month). This program can be chosen by families in place of applicable Medicaid HCBS waivers. A sample of other eligibility requirements for children include:

- Being under 18 years old
- Residing with a family in Oklahoma which includes a biological parent, legal guardian, or adoptive parent (children with adoptive parents receiving adoption assistance are not eligible)
- Having an annual gross adjusted income not exceeding \$45,000

Medicaid for Children

Oklahoma residents under age 19 can qualify for full-coverage Medicaid if they meet immigration or citizenship [requirements](#) as well as [income guidelines](#). The income of all people (such as a legal parent or stepparent) included in “family size” being counted.

Oklahoma’s Early Period Screening, Diagnostic and Treatment ([EPSDT](#)) benefit provides health coverage for well-child visits and diagnostic screenings for all children enrolled in Medicaid with actual or potential health issues under age 21. This mandated Medicaid benefit screens children with actual or potential health problems to treat them before they become permanent disabilities. Preventive health services are also available to Medicaid-eligible children under age 21.

[Soon-to-be-Sooners Services \(STBS\)](#) is a Medicaid program that provides coverage for unborn Oklahoma children who are considered the members of this program, not their mothers who are covered under the pregnant women eligibility category. When the child is born, they will be automatically enrolled in the traditional SoonerCare Medicaid program. STBS covers physical, mental, and behavioral health services that benefit the wellbeing of the unborn child. Examples of covered services include routine office visits that benefit the unborn child, medications, ultrasounds, and hospital services. Miscarriage and ectopic/molar pregnancy care as well as palliative care are covered by this program. To be eligible for this program the unborn child’s mother must be an Oklahoma resident, meet income limits, and provide proof of pregnancy.

SoonerCare CHIP Program

Oklahoma’s Children’s Health Insurance Program (CHIP) operates in conjunction with the state’s Medicaid program. This program provides health insurance to children under the age of 19 who are otherwise not eligible for other Medicaid coverage because their family income is too high to qualify for Medicaid. Families meet income, citizenship and residency requirements.

7.3 Family and Parenting Education

Family Centered Services (FCS)

FCS is the Oklahoma Department of Human Services (OKDHS) Child Welfare Services prevention program. FCS provides services to families who are introduced to the child welfare system and aims at keeping the child from being removed from the home and involving the court system.

Oklahoma Head Start and Early Head Start

This is a federally funded program that coordinates with services sites to educate low-income parents of children aged birth to five on child development and school readiness. Head Start typically serves children between three and five, and Early Head Start serves infants, toddlers, and pregnant women. The program is free to low-income families at or below federal [poverty guidelines](#). Children whose families receive public assistance, are in foster care, or are experiencing homelessness are also eligible, regardless of income. The state's Head Start program is administered by the federally funded Oklahoma Head Start Collaboration Office.

7.4 Adoption

Post Adoption Services

There are several components of the state's Post Adoption Services program. The three components include:

- Adoption assistance benefits which [can take the form of](#) Medicaid coverage, monthly assistance payments, childcare, and reimbursements for non-recurring adoption expenses
- Post-adoption support services such as helping adoptive families register for the Reunion Registry
- Application assistance with different post-adoptive assistance applications

Adoption Tax Credit

As a result of the passage of H.B. 3088 in 2022, a state income tax adoption credit was created that covers up to 10% of adoption-related expenses (up to a maximum of \$4,000 for joint filers or \$2,000 for individuals).

7.5 Foster, Kinship, and Short-term Care

The Oklahoma Successful Adulthood Program

This program helps youth in foster care prepare for and transition into adulthood. The program helps these youth plan for their future and prepare for a successful transition from state custody to self-sufficiency. Components of this program include:

- [Education and Training Voucher Program](#): These are federal vouchers administered by the state and are given to foster youth aging out of the system to be put towards the costs of higher education or an employment-training program.

Medicaid

In Oklahoma, children who are in foster care are eligible for Medicaid. Similarly, if a child [ages out](#) of foster care and is enrolled in Medicaid at the time of aging out, they are eligible for Medicaid until they turn 26 years old.

7.5 Safe Haven and/or Baby Boxes

Safe Haven Law

Oklahoma's Safe Haven law allows parents to surrender their newborn baby up to 30 days old to a medical services provider (nurse practitioner, physician's assistant, registered nurse, or nurse aide) or a child rescuer (any employee at a police or fire station, child protective services agency, hospital, or other medical facility).

Miscellaneous

Choose Life License Plate

Oklahoma drivers can buy Choose Life Oklahoma vanity plates for \$41.15. Twenty dollars of the fee will go to the Choose Life Assistance Program (see section 1.1).

S.B. 1739 (2024)

This legislation, signed into law by Gov. Stitt in April 2024, eliminated state licensing requirements for birthing centers. The legislation also allows certified nurse-midwives and professional midwives to practice in more settings.

This is a non-exhaustive list of programs, current as of January 2026, intended to make information easily accessible to moms and families. Program details are subject to change. Readers should always consult with the appropriate state agency for the most accurate and recent information. The information in this summary is for educational purposes only. CLI does not take a position on the merits of any specific program.

This document was compiled by Mia Steupert, Elyse Gaitan, and Tessa Cox.