



State Support for the First Thousand Days After Birth

State Spotlight: Wyoming

Information current as of December 2025.

1. Care Coordination and Pregnancy Support

1.1 Pregnancy Support

No applicable and/or known programs.

1.2 Care Coordination

No applicable and/or known programs.

1.3 Miscellaneous

Dads Making a Difference

This is a job-training and life-skills program for low-income, custodial and non-custodial fathers. The program covers topics such as parenting skills, healthy relationships, financial literacy, and job searching techniques. The program also involves community service, leadership activities, and counseling on both an individual and group basis. Eligibility requirements including meeting all the following criteria:

- Being a custodial or non-custodial father.
- Being low-income and struggling to support oneself and one's family financially.
- Being age 18 or older.
- Being drug-free.
- Being motivated to implement change in one's life.
- Able to be dedicated to the program which is comprehensive and time intensive.

2. Women's Health

2.1 Prenatal and Postpartum Medical Care

No applicable and/or known programs.

2.2 Prenatal and Postpartum Support

Women and Infant Health Program

This program promotes maternal and infant health through initiatives such as [Count the Kicks](#), which teaches mothers to monitor their baby's movements to prevent stillbirth, and distributing books on [safe sleep](#).

WIC Breastfeeding Education

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) offer breastfeeding support teams which can include WIC staff, family and friends, and other breastfeeding mothers or professionals. It also offers enhanced nutrition packages for breastfeeding women, breast pumps to mothers who need them, and connects mothers with peer counselors.

Breastfeeding Laws

Wyoming's [public indecency law](#) clearly states that breastfeeding is an exception, stating that women may breastfeed any place they may legally be.

The Wyoming Hand in Hand Home Visitation Program

This is a nurse-led, structured home visiting program available to women who are pregnant or have just given birth to a baby. The program involves assessment and referral to community agencies. Each family is paired with a trained registered nurse who comes for at least 25 home visits. Visits may start during pregnancy or after birth and can continue until the child is two. The program is partially funded by federal Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Program grants.

Parents as Teachers

This home visiting program fosters family growth and school readiness. For the first six weeks of visits, a family support specialist will visit once a week for about an hour. After six weeks, the family support specialist will visit bi-monthly. The visits focus on parent-child interaction, education on parenting topics, and family well-being. A book is given to the family at the end of every visit.

2.3 General Medical Care for Women

KNOWYO

This program is a partnership between the Wyoming Department of Health and the U.S. Centers for Disease Control and Prevention (CDC). The program offers free condoms and vouchers for free or low-cost STI, HIV and hepatitis testing to Wyoming residents throughout the state.

Wyoming Cancer Program

The Wyoming Cancer Program is divided into two separate screening programs:

- Wyoming Breast and Cervical Cancer Screening Program (WBCCEDP): Applicants can apply on the same form for both breast cancer and cervical cancer screenings, or they can apply for one. There are additional requirements for applying for one screening and not the other. Eligibility requirements for both screenings include meeting both of the following criteria:
 - Gross household income may not exceed [250% of the Federal Poverty Level](#).
 - Be uninsured or underinsured.

Eligibility requirements for breast cancer screening only:

- Ages 18 to 39: Must be symptomatic or asymptomatic but high-risk.
- Ages 40 to 64: no additional requirements.
- Age 65 and above: Only those not on Medicare Part B are eligible (but individuals are encouraged to enroll in Medicare Part B if they're able to).

Eligibility requirements for cervical cancer screening only:

- Ages 21 to 29: Haven't had a Pap test in three years.
- Ages 30 to 64: Haven't had a Pap test in three years or co-testing with a Pap test and HPV test in five years.
- Age 65 and above: Only those not on Medicare Part B are eligible (yet individuals are encouraged to enroll in Medicare Part B if they're able to).

Exceptions to these eligibility requirements may be possible if a healthcare provider deems an applicant to be high-risk and submits proper documentation demonstrating why an exception should be made.

- Wyoming Colorectal Cancer Screening Program: This screening program is for Wyoming residents who are at least 45 years old and have lived in Wyoming for at least one year. Eligible applicants must be uninsured or underinsured and have a household income that does not exceed 250% of the federal poverty level (FPL).

Wyoming Medication Donation Program (WMDP)

This program processes donated prescriptions and provides them to eligible Wyomingites at no cost to them. Approved patients can receive medications for up to one year before they must reapply. WMDP only fills 30-day supplies of medications at a time, so patients must call every 30 days to request refills. Information on requirements and how to apply can be found [here](#).

Medicaid

Medicaid in Wyoming provides health coverage to eligible Wyoming residents who meet the income guidelines and are U.S. citizens or have satisfactory immigration status. There are various Medicaid programs available in Wyoming for individuals and families, each with their own additional requirements. Below are several groups that are eligible for Wyoming Medicaid. Information on income limits for these eligibility groups can be found [here](#).

- Pregnant women: Pregnant women are eligible for full coverage Medicaid if they meet certain family size and income limits (at or below 154% of the FPL). With the passage of [HB0004](#) in March 2023 and CMS' subsequent approval of the state's extension request in September 2023, postpartum Medicaid coverage for women was extended from 60 days to one year. Women who are in the 12-month postpartum period after receiving Medicaid while pregnant may be eligible for Medicaid coverage through the state's [Pregnant by Choice program](#). This program covers birth-control supplies and pregnancy planning services for women transitioning out of the full coverage "pregnant women" eligibility category. The income limit for this program is at or below 159% of the FPL.
- Parents and caretakers: Parents with children (under the age of 19) living in their home who also meet residency, citizenship, and income requirements are eligible for full-coverage Medicaid. This eligibility group receives Medicaid through the Family Care Program.
- BCCSP enrollees- Those who received cancer diagnoses through the state's BCCSP receive Medicaid coverage for their cancer treatment if their income is at or below 250% of the FPL.

Those who would otherwise be eligible for Medicaid apart from their citizenship status can receive Medicaid coverage for [emergency services](#).

For more information on disability-specific Medicaid programs, see section 6.1. See section 7.2 for child-specific Medicaid programs, section 7.4 for adoption-specific Medicaid programs, and section 7.5 for foster care-specific programs.

3. Finances, Work, and Education

3.1 Help Paying Bills

[Personal Opportunities with Employment Responsibilities Program \(POWER\)](#)

This is Wyoming's Temporary Assistance for Needy Families (TANF) program. It provides assistance to needy families to help them achieve self-sufficiency. POWER applicants must be residents of Wyoming and meet citizenship or lawful immigrant criteria. They must also have an income [below 185% of the FPL](#).

3.2 Employment Support

[POWER Work Program](#)

This TANF program is a cash assistance and case management program that helps families with children achieve self-sufficiency. Each applicant is assigned a case manager who will help create an Individual Responsibility Plan. Applicants must complete the number of participation hours required to receive cash assistance. The number of participation hours required is dependent upon family composition. The program can help with childcare and transportation needs. Eligibility requirements include meeting all the following requirements:

- Being a resident of Wyoming.
- Having citizenship or lawful immigration status.

- Being responsible for a child under age 18.
- Meeting [income and resource requirements](#)

3.3 Education and Training

No applicable and/or known programs.

3.4 Financial Advice or Education

No applicable and/or known programs.

4. Material or Legal Support

4.1 Transportation

No applicable and/or known programs.

4.2 Food and Nutrition

WIC

This program provides nutritious food and other related benefits to low-income women who are pregnant or have children under age five. Women enrolled in certain benefit programs (e.g. Medicaid, SNAP, TANF) are automatically income eligible. Women not already enrolled in these other programs must meet the [income guidelines](#) and be (or their children must be) at nutritional risk.

SNAP

The Supplemental Nutrition Assistance Program (SNAP) helps low-income families purchase healthy foods. To be eligible, applicants must meet [income](#) and resources guidelines. Households may not exceed \$2,500 in resources. However, those who receive Supplemental Security Income (SSI) or POWER/Tribal TANF are exempt from the resource limit.

Special Nutrition Programs

National School [Lunch](#) and School [Breakfast](#) Programs

These federally funded programs are run by the state and provide needy children with free or reduced-cost breakfasts and lunches at participating schools.

[Child and Adult Care Food Program \(CACFP\)](#)

This program offers reimbursement for meals or snacks given to eligible children or adults in care centers. Eligibility requirements:

- Being a child through age 12 who is in childcare center, family daycare home, or early education facility,
- Being a child through age 15 who is the child of migrant workers and is in a childcare center, a family daycare home, or an early education facility.

- Being an individual with physical or mental disabilities in a nonresidential day care setting and 18 years old and over.
- Being an adult in a non-residential day care setting over the age of 60

[Fresh Fruit and Vegetable Grant Program](#)

This program provides children with fresh fruits and vegetables at designated snack times at participating elementary schools at no cost.

[Special Milk Program](#)

This program reimburses schools and childcare institutions for serving milk to children who are not participants in other federal nutrition programs. Only pasteurized fat free or low-fat (1%) milk is served.

[Summer Food Service Program](#)

This program offers free meals and snacks when children are out of school during the summer. Some locations have To-Go meal options.

[The Emergency Food Assistance Program \(TEFAP\)](#)

TEFAP is a federally funded program that provides states with 100% American grown foods which are allocated to participating food banks, pantries, and soup kitchens. Low-income individuals and families can then go and receive supplemental food boxes from these entities. These supplemental food boxes contain three to five days' worth of food. Monthly income limits apply.

4.3 Clothing, Household Goods, and Baby Supplies

No applicable and/or known programs.

4.4 Housing, Shelters, and Maternity Homes

[Low-Income Energy Assistance Program \(LIEAP\)](#)

This federally funded program provides heating assistance for Wyomingites whose income is up to 60% of the state median income level.

[Projects for Assistance in Transition from Homelessness \(PATH\)](#)

The PATH grant funds services for people with serious mental illnesses and co-occurring substance use disorders who are experiencing or at risk of homelessness. Wyoming contracts with [Sweetwater Family Resource Center](#), [Recover Wyoming](#), and [YES House](#), which all provide the PATH program. Services include case management and housing support services.

[Weatherization Assistance Program \(WAP\)](#)

This federally funded program helps reduce home energy costs for eligible households, saving families between 5% and 25% on heating bills. Both renters and homeowners can apply for this program. To be eligible, a household's income may not exceed 200% of the FPL. Anyone who already participates in certain other benefit programs (e.g. SNAP, TANF, Supplemental Security Income) or who has a family member who does is automatically income eligible.

4.5 Legal Support

No applicable and/or known programs.

5. Recovery and Mental Health

5.1 Addiction Recovery

Wyoming Plans of Safe Care Initiative

This is a statewide initiative to support pregnant women who struggle with substance use and their babies. Patient Care Teams made up of medical staff, treatment providers, mental health experts, peer specialists, and early childhood staff develop a list of community support services for mothers before they are discharged from the hospital to provide comprehensive care coordination.

Substance Use and Tobacco Prevention Program (SUTPP)

This program supports community-level tobacco prevention and control programs and educates the public about tobacco-related issues. It also offers Wyoming Quit Tobacco which is a free program that helps Wyoming residents quit tobacco through coaching and nicotine replacement therapies.

5.2 Domestic Violence, Sexual Assault and Trafficking Recovery

No applicable and/or known programs.

5.3 Mental Health

No applicable and/or known programs.

5.4 Abortion Recovery and Healing

No applicable and/or known programs.

6. Disability Assistance

Disability-Specific Medicaid Programs

Wyoming Medicaid offers Home and Community-Based Services (HCBS) waivers to individuals who require full, comprehensive coverage and additional long-term support services that allow disabled individuals to live at home instead of in a long-term care facility. Wyoming HCBS waivers include:

- WY Children's Mental Health Waiver: For those with mental illness ages 18-21 and those with serious emotional disturbances ages 4-17 who need a hospital level of care. This waiver provides enrolled youth and their families with counseling and support services.
- WY Community Choices Waiver (CCW): For those 65 or older and those with disabilities ages 19-64 whose disabilities necessitate a nursing facility level of care. Examples of

covered services include adult day services, case management services, and non-medical transportation services.

- WY Comprehensive Waiver: For those ages 21 or older with a brain injury and those of any age with intellectual or developmental disabilities that need a nursing facility or an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) level of care. Examples of covered services include physical therapy, skilled nursing services, and crisis services.
- WY Supports Waiver: For those of any age with a developmental or intellectual disability and individuals with brain injuries ages 21 or older who need a nursing facility or ICF/IID level of care. Examples of covered services include respite services, child habilitation services, and case management services.

[Aged, blind, and disabled adults](#) not enrolled in these waivers can also receive full coverage Medicaid through the state's Medicaid program if they have an income at or below 300% of the federal benefits rate. Those who are employed but disabled and have an income at or below 300% of the federal benefits rate can receive full coverage Medicaid through the state's Employed Individuals with Disabilities Program.

[Adult Hearing Aid Program](#)

Beginning in 2025, this program assists adults with hearing loss to get hearing aids by providing them with financial assistance. Eligible adults must have a monthly modified adjusted gross family income at or below 200% of the FPL.

[Early Intervention and Education Program \(EIEP\)](#)

This program provides free screenings and services to children (birth through age two). Services may include speech or physical therapy, developmental screening, diagnostic evaluations, and family service coordination. There are EIEP centers located in each [region](#) of Wyoming. Eligibility information can be found [here](#).

[Wyoming Life Resource Center](#)

This center provides high-level intermediate and long-term care to Wyoming residents with multiple medical needs and severe behavioral health problems. Applicants are screened before admission and may be referred to the Wyoming State Hospital or other public programs if it is determined that applicants would be better served elsewhere. Eligibility requirements for Intermediate Care Facility services include having an intellectual or developmental disability (or related condition) AND meeting one or more of the following criteria

- Presently receiving HCBS waivers,
- Being on the waiting list for the Supports Waiver
- Being in an institution such as Wyoming State Hospital or a nursing home yet eligible for waiver services when discharged

7. Care for Children

7.1 Childcare

Child Care Subsidy Program

This program helps pay for childcare for low-income parents who are working, job searching, or are in school or training. Eligibility is determined by a local Department of Family Services location and is based on the cost of childcare and household income.

7.2 Children's Health Care

Children's Special Health Program

This program provides care coordination and limited financial assistance for eligible families. Services are divided into three categories:

- Children's Special Health Services: These services are available to children from birth through age 18 who have special health care needs or are at an increased risk of certain chronic conditions (e.g. heart conditions, seizures).
- Maternal High-Risk Services: These services are available to women with high-risk pregnancies who receive care from a Level III provider outside of Wyoming.
- Newborn Intensive Care Services: These are services available to newborns who are high-risk and were delivered or transferred to a Level III nursery outside of Wyoming.

Medicaid for Children

Wyoming residents under 19 can qualify for full-coverage Medicaid if they meet citizenship or immigration requirements as well as income guidelines. The income of all people such as a legal parent or stepparent included in "family size" is counted. The income limit for children ages zero through five is at or below 154% of the FPL and the income limit for children ages six through 18 is at or below 133% of the FPL.

Wyoming's Early and Periodic Screening, Diagnostic and Treatment ([EPSDT](#)) benefit provides health coverage for well-child visits and diagnostic screenings for all children with actual or potential health issues, from birth to age 21 who are enrolled in Medicaid. This mandated Medicaid benefit screens children with actual or potential health problems to treat them before they become permanent disabilities. Preventive health services are also available to Medicaid-eligible children under age 21.

Kid Care CHIP

This program provides health insurance coverage to children whose families make too much money to qualify for Medicaid but not enough to pay for private insurance. It is for children 18 and younger who don't have private insurance and are Wyoming residents and U.S. citizens. The income limit is at or below 200% of the FPL and the applicable program for this eligibility category is the Healthy Start program.

Newborn Screening Program

Wyoming law requires newborns to be screened for genetic disorders before they are released from the hospital. Wyoming [partners with the](#) Colorado Department of Public Health and Environment Laboratory to provide screenings. The list of disorders screened for can be found [here](#).

7.3 Family and Parenting Education

Early Head Start and Head Start

These free programs serve low-income families with children from birth to age three (Early Head Start) or ages three to five ([Head Start](#)) and promote child development and social competence. There are various Early Head Start and Head Start locations throughout Wyoming.

7.4 Adoption

Medicaid

Wyoming children who receive Title IV-E adoption or foster care assistance are eligible for full coverage Medicaid.

7.5 Foster, Kinship, and Short-term Care

Medicaid

In Wyoming, former foster youth who have aged out of foster care and were enrolled in Medicaid at the time of aging out are eligible for full coverage Medicaid.

Chafee Independent Living (IL) Program

This program helps youth who are or were in foster care after age 14 with education, employment, housing, transitional plans, and life skills to enable them to become self-sufficient adults.

Education and Training Vouchers (ETV)

This federally funded program provides college tuition waivers to those who are in foster care and those in the state's kinship-guardianship program. Youth can receive up to \$5,000 a year for tuition or other qualified school-related expenses. ETV funds can be accessed for a maximum of five years until the youth's 26th birthday. Other eligibility requirements include:

- Being enrolled in an accredited college or vocational/technical training program and making progress toward completion of their degree.
- Applying annually for the voucher.

7.6 Safe Haven and/or Baby Boxes

Safety for a Newborn Child Act 2024 (HB0090)

This updated Safe Haven law extends the time parents can safely give up their babies for any reason from 14 days to 60 days.

This is a non-exhaustive list of programs, current as of January 2026, intended to make information easily accessible to moms and families. Program details are subject to change. Readers should always consult with the appropriate state agency for the most accurate and recent information. The information in this summary is for educational purposes only. CLI does not take a position on the merits of any specific program.

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