



NEBRASKA



helping communities flourish

Total estimated materials and services valued at \$4,944,503 to the state of Nebraska, serving 14,413 women, men, and youth.

41,012 Total Client Sessions, both in-person and virtually
98% Client Satisfaction, nationally

\$3,282,567 IN MEDICAL SERVICES



- 8,298 free pregnancy tests
- 10,767 free ultrasounds performed by registered nurses/medical sonographers
- 1,516 total STD/STI tests performed by registered nurses (1,079 patients tested - 88.3% female, 11.7% male)
- 8 out of every 10 pregnancy center locations in the U.S. are medical

\$876,191 IN EDUCATION AND SUPPORT SERVICES

- 11,206 free consultations with new clients (93.1% female, 6.5% male, 0.4% unknown)
- 3,207 students attended free sexual risk avoidance education presentations
- 2,239 clients received free prenatal and parenting education (84% female, 15.6% male, 0.4% unknown)
- 39 clients received free after-abortion support & recovery (100% female)

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\$785,745 IN MATERIAL ITEMS



- 53,239 free packs of diapers
- 17,361 free packs of baby wipes
- 15,981 free new & used baby clothing outfits
- 288 free new car seats
- 62 free new & used strollers
- 122 free new cribs
- 684 free containers of formula

MADE POSSIBLE BY

238 total paid staff, 34% of whom were licensed medical professionals

367 total volunteers, 11% of whom were licensed medical professionals

Finding Hope in Nebraska

Seeking a fresh start, Erica moved to the community of Hastings, Nebraska. A series of poor choices, including drug addiction, had taken its toll on her. Erica heard about Wellspring Pregnancy and Health Center while attending the Bridge, a long-term rehab center for women struggling with mental health and/or substance abuse. There, Erica learned that she was pregnant, and knowing she wanted to be a better mom this time around, the Bridge connected her to Wellspring as part of her ongoing treatment.

Upon first encounter, Erica felt supported as she was mentored by staff member Trisha. And as transportation remained an obstacle in those early days, Wellspring and other local organizations came together to provide Erica with a car.

This allowed Erica to flourish as she came weekly to Wellspring. And as she met with Trisha, Erica shared that: "Wellspring helped me know what to expect during pregnancy. I learned about how my baby was growing and developing. Through the mentoring and videos during the classes, I became excited about making a home for Ryze." Classes also included topics like prenatal nutrition and parenting. The program provided a baby shower, diapers, a car seat, and other items. In addition, Erica shared, "When I realized that the clothes I brought to the hospital were too large, Wellspring had premie clothes for Ryze!"



Erica and her son Ryze

Knowing that she had a community of people who supported her and believed in her, Erica was empowered to make positive decisions and do the things she needed to get on the right path. Slowly but surely, the positive changes Erica made started to show. Seeing this, one of Wellspring's former board members shared a job opportunity with her. After applying for this job and getting hired, Erica started learning valuable job skills that will give her the ability to provide for both her and her baby without sinking back into her old way of life.

When asked how Wellspring has played a role in her fight against addiction, Erica stated, "Drug Addiction kept me isolated and feeling inferior. Having people cheer me on and support me made me feel like I didn't need drugs anymore." Two lives forever changed.

NOTES:

- We are grateful to Care Net, Heartbeat International, and the National Institute of Family and Life Advocates for their contributions towards data collection from their affiliated U.S. pregnancy centers.
- Value of services is based upon materials and services provided by 29 pregnancy centers in the state of Nebraska in calendar year 2024. At least one of the centers reporting data received state or federal funding in 2024.
- Total savings are calculated based on cost estimates of services, classes and baby items provided to clients. The sources for the cost estimates and valuation of items and services can be found in the Methodology section of the 2024 CLI national pregnancy center report, "Pregnancy Centers: Rising to the Occasion with Unwavering Care" (<https://lozierinstitute.org/pcr/>), except for the following state-specific labor costs.
- The Nebraska mean hourly wages referenced are as follows: Social Workers in local/state government is \$34.56 per hour - BLS OES code 21-1029, Registered Nurses is \$39.85 per hour - OES code 29-1141, and Diagnostic Medical Sonographers is \$39.87 per hour - OES code 29-2032.
- The estimated savings does not include housing and other monetary assistance provided to some clients. We advocate for our clients by networking with hundreds of county, state and non-profit social service organizations around the country. We cannot quantify the value of emotional support given to the women we help through phone calls and caring volunteers.
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