



NEW YORK

helping communities flourish

Total estimated materials and services valued at \$5,610,077 to the state of New York, serving 20,584 women, men, and youth.

69,635 Total Client Sessions, both in-person and virtually
98% Client Satisfaction, nationally

\$2,608,326 IN MEDICAL SERVICES



- 8,661 free pregnancy tests
- 7,794 free ultrasounds performed by registered nurses/medical sonographers
- 4,805 total STD/STI tests performed by registered nurses (610 patients tested - 95.4% female, 4.3% male, 0.3% unknown)
- 8 out of every 10 pregnancy center locations in the U.S. are medical

\$1,749,006 IN EDUCATION AND SUPPORT SERVICES

17,576 free consultations with new clients (90.1% female, 5.3% male, 4.6% unknown)

3,008 students attended free sexual risk avoidance education presentations

3,965 clients received free prenatal and parenting education (83.9% female, 14.9% male, 1.2% unknown)

304 clients received free after-abortion support & recovery (93.6% female, 6.4% male)

\$1,252,745 IN MATERIAL ITEMS



- 40,777 free packs of diapers
- 21,196 free packs of baby wipes
- 86,775 free new & used baby clothing outfits
- 636 free new car seats
- 944 free new & used strollers
- 426 free new cribs
- 8,033 free containers of formula

MADE POSSIBLE BY

434 total paid staff, 27% of whom were licensed medical professionals

1,384 total volunteers, 10% of whom were licensed medical professionals

Finding Hope in New York

A toxic relationship coupled with a desire to go back to school were the main factors influencing Shamara after learning she was pregnant. She scheduled an abortion. However, Shamara wanted an ultrasound first, so she scheduled an appointment with Options Care Center after hearing about it from a friend.

Having second thoughts about the ultrasound, Shamara called to cancel, but Jessie, the staff member who spoke with her, stressed the benefits of having one. "It will help you make an informed and educated decision," she said. Shamara kept her appointment and received a pregnancy test and ultrasound. When she heard her baby's heartbeat, she began to cry. "I don't even know what I'm crying about," she said. After the ultrasound, her advocate, Jessie, provided options counseling. A second ultrasound exam was scheduled at the exact time her abortion was supposed to be. Shamara shares: "My experience has been a spiritual one. I'm very appreciative of that because that's the only thing that could have saved the baby ... that saved me. The Lord changed my mind regarding my pregnancy decision. I prayed that God would send someone who could help me, specifically for someone to tap me on the shoulder and let me know my decision wasn't the right one. The Lord used Jessie to speak to me and pray for me. At Options Care Center they believe in the same God I do. That's something rare that you don't find at a facility like this that's for the community."



Shamara and her son, Koji

Shamara went on to attend parenting classes at Options Care in their Hope Program where she was able to earn points for material items for her baby. She also benefits from the center's "Every Bottom Covered" diaper program.

Shamara gave birth to her son, Koji, a name which means to "cultivate and heal." "I would tell mothers in a similar situation to trust God, to have faith. Faith is believing without seeing. And to not abort the baby. Options Care has influenced my life and situation in many ways. They have helped me spiritually and helped me find ways to go about my pregnancy and be a single mom."

NOTES:

- We are grateful to Care Net, Heartbeat International, and the National Institute of Family and Life Advocates for their contributions towards data collection from their affiliated U.S. pregnancy centers.
- Value of services is based upon materials and services provided by 92 pregnancy centers in the state of New York in calendar year 2024. None of the centers reporting data received state or federal funding in 2024.
- Total savings are calculated based on cost estimates of services, classes and baby items provided to clients. The sources for the cost estimates and valuation of items and services can be found in the Methodology section of the 2024 CLI national pregnancy center report, "Pregnancy Centers: Rising to the Occasion with Unwavering Care" (<https://lozierinstitute.org/pcr/>), except for the following state-specific labor costs.
- The New York mean hourly wages referenced are as follows: Social Workers in local/state government is \$40.65 per hour - BLS OES code 21-1029, Registered Nurses is \$54.54 per hour - OES code 29-1141, and Diagnostic Medical Sonographers is \$50.47 per hour - OES code 29-2032.
- The estimated savings does not include housing and other monetary assistance provided to some clients. We advocate for our clients by networking with hundreds of county, state and non-profit social service organizations around the country. We cannot quantify the value of emotional support given to the women we help through phone calls and caring volunteers.
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